



CLASS SCHEDULE

119 Seaboard Lane #401
 Franklin, TN 37067
 615-425-6554
www.familyfirstma.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:00 - 4:30 Lil Dragons	4:00 - 4:30 Lil Dragons	4:00 - 4:30 Lil Dragons	4:00 - 4:30 Lil Dragons	4:30 - 5:00 Lil Dragons	8am - 10am Special Training
4:30 - 5:15 Karate Kids Basics	4:30 - 5:15 Karate Kids Basics	4:30 - 5:15 Karate Kids Basics	4:30 - 5:15 Karate Kids Basics	5:00 - 5:45 Karate Kids Basics	10am - 11am Black Belt Training
5:15 - 5:45 Lil Dragons	5:15 - 6:00 Karate Kids Intermediate	5:15 - 5:45 Lil Dragons	5:15 - 6:00 Karate Kids Intermediate	5:45 - 6:30 Karate Kids Int & Adv	10am - 10:30am Lil Dragons
5:45 - 6:30 Karate Kids Advanced	6:00 - 6:30 Lil Dragons	5:45 - 6:30 Karate Kids Advanced	6:00 - 6:30 Lil Dragons		10:30 - 11:15 Karate Kids Basics
6:30 - 7:15 Karate Kids Intermediate	6:30 - 7:15 Karate Kids Basics	6:30 - 7:15 Karate Kids Intermediate	6:30 - 7:15 Karate Kids Basics		11:15 - 12:30 Karate Kids Int & Adv
7:15 - 8:00 Teen / Adult Martial Arts	7:15 - 8:00 Karate Kids Advanced	7:15 - 8:00 Teen / Adult Martial Arts	7:15 - 8:00 Karate Kids Advanced		
	8:00 - 8:45 Teen / Adult Martial Arts		8:00 - 8:45 Teen / Adult Martial Arts		